

Home Practice Guide October- Flute

Name _____ School _____

Instructions for Home Practice Guide Completion: Each week, your child's practice should have a specific focus. We are providing you with practice goals and objectives for each week of the month. In most cases, your child will receive instruction on the material prior to playing the material at home. Each week, he/she needs to practice the assigned material repeatedly. Once your child feels prepared to play the assigned piece(s) for you, he/she will give you a short concert and/or explanation of the material. Once the concert is completed, please sign the appropriate week's box. **DO NOT SIGN THE WEEK IF YOU HAVE NOT HEARD YOUR CHILD PLAY THE SONGS LISTED!**

Date	Page #s	Pages Completed/Song(s) Played	Parent Sig.
	Other Side	*Review the steps for proper posture, playing position, and forming the embouchure with a parent	
	2	Practice each of the first three notes	
	3	Play Line #4- Hot Cross Buns	
	7	Play Line # 12 Au Claire de le Lune	
	10	Play #24- Three Note Review Play #26- One Note Boogie	
	12	Play the two new notes #28-#29	
	12	Play #30- Five Note Scale Play #31- Aunt Rhodie Write the name of the notes in the blanks below.	

DIRECTIONS: Fill in the fingering and write the name of each note. Play each note on your instrument.

1. _____
2. _____
3. _____
4. _____
5. _____

6. _____
7. _____
8. _____
9. _____
10. _____

Due the Week of November 6th - NO LATER THAN the Week December 4th

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Posture & Embouchure Guide for Parents:

Posture:

- Student's back is straight as a board and is not touching the back of the chair.
- Both feet are flat on the floor.

Playing Position:

- Flute is held so that it slants downward to the right.
- Flute is parallel to the lips.
- Elbows are slightly away from the body.



Flute Embouchure Steps for Students:

- Place the head joint on your chin, and position it so that the edge of the embouchure hole is at the bottom of the lower lip. The corners of the lower lip should rest against the embouchure plate.
- Cover $\frac{1}{4}$ to $\frac{1}{3}$ of the of the embouchure hole with your lower lip. Take a full breath of air and blow over the hole using the syllable "doo" to play a long steady tone.

Flute Checklist

- Sitting up straight
- Flute positioned to the right of the body
- Left hand forms a "C"
- Left and right thumbs correctly placed
- Fingers gently curved
- Right little finger on the Eb key
- Elbows away from the body
- Flute pointing slightly downward
- Hole in lips centered on the embouchure plate
- Proper amount of embouchure hole covered
- Lips parallel with flute
- Airstream directed over the hole



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