

Home Practice Guide January- French Horn

Posture & Embouchure Guide for Parents:

Posture:

- Student's back is straight as a board and is not touching the back of the chair.
- Both feet are flat on the floor.

Playing Position:

- Rest the bell on your right leg.
- Cup your right hand with fingers and thumb tightly closed. Put your hand in the bell so only your fingers and thumb touch the side of the bell away from your body.
- Place your left little finger in the hook and your left thumb in the ring or on the Bb thumb valve.
- Place the first three fingers of your left hand on the valves.
- Relax your left arm. Your elbows should be away from the body.

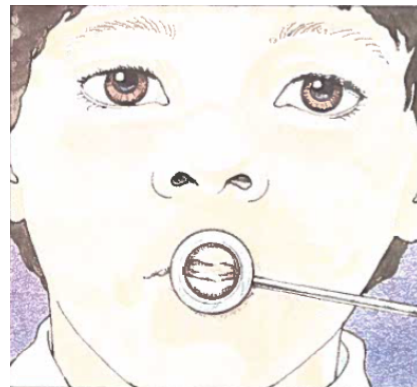


French Horn Embouchure Steps for Students:

- Shape the inside of your mouth as if saying "oh". Bring your lips together as if saying "em".
- Lips should have firm corners but a relaxed center. Chin should be flat and pointed.
- Mouthpiece should rest on the lips with 2/3 of the mouthpiece on the upper lip and 1/3 of the mouthpiece on the lower lips.

French Horn Checklist

- Sitting up straight
- Left hand position correct
- Right hand wrist position correct
- Head erect
- Left arm relaxed
- Elbows away from body
- Mouthpiece on 2/3 of the upper lip and 1/3 of the lower lip
- Corners of the lips firm and center relaxed
- Chin flat and pointed
- No puffing of cheeks



Due the Week of November 30th - NO LATER THAN December 11th

Name _____ School _____

Instructions for Home Practice Guide Completion: Each week, your child's practice should have a specific focus. We are providing you with practice goals and objectives for each week of the month. In most cases, your child will receive instruction on the material prior to playing the material at home. Each week, he/she needs to practice the assigned material repeatedly. Once your child feels prepared to play the assigned piece(s) for you, he/she will give you a short concert and/or explanation of the material. Once the concert is completed, please sign the appropriate week's box.

Date	Page #s	Pages Completed/Song(s) Played	Parent Sig.
	Other Side Band Beginnings	*Review the steps for proper posture, playing position, and forming the embouchure with a parent *Practice ALL of the first five notes	
	Band Beginnings 2	Play #1- Five Note Scale Warmup Play #2- Four in a Row	
	Band Beginnings 2	#3- Take Five #4- Three Note Samba	
	See Below Band Beginnings 2	Write the name of the notes in the blanks below. #5- Hot Cross Buns #6- Claire de Lune	

DIRECTIONS: Fill in the fingering and write the name of each note. Play each note on your instrument.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____

F Horn

6. _____ 7. _____ 8. _____ 9. _____ 10. _____

F Horn

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