### Capistrano Unified School District

# 4<sup>th</sup> Grade Beginning Strings -Cello-



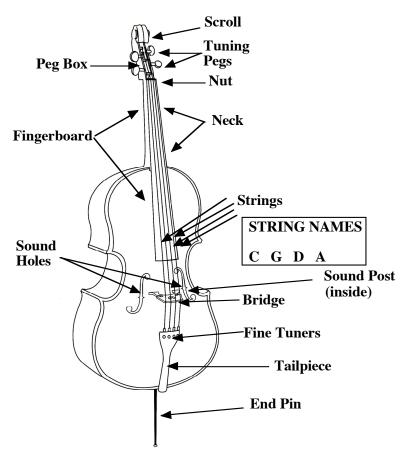
With input and materials from: Kerry Arakawa, Scott Arakawa, Steve Benefield, Michelle Brunton, Penni Buff, Chad Cunningham, Lisa Gray, Andrea Howard, Ann Ludwig, Barbara Scholl, Rob Stirling, Maryann Tucker, and Kory Wentzel.

Name:

School:

Classroom Teacher:\_\_\_\_\_

#### Parts of the Cello



**Taking Care of Your Cello** 

Handle With Care! Your instrument is made of breakable wooden parts, so repairs can be expensive and time consuming.

**Do not let anyone play your instrument** unless it is your teacher or an experienced player you trust.

Always take the bow out first. Before taking your cello out, take the bow out of the pocket of the case.

**Keep your instrument clean!** After playing, wipe off the rosin dust, smudges, fingerprints, etc., with a soft clean cloth. Always wash your hands before playing your instrument.

**Do not let your instrument get too hot or too cold.** If the temperature is uncomfortable for you, it is also bad for your instrument. For example, never leave your instrument in a car on a hot or cold day.

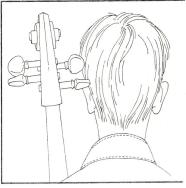
Allow only an experienced repair person to fix your instrument.

Make sure your bridge is lined up correctly and standing straight at all times. If it gets out of place, ask your teacher to fix it for you.



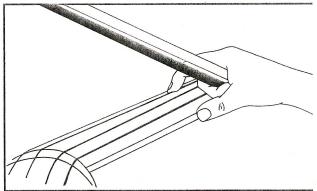
#### Lesson One: Getting Started Holding your Cello

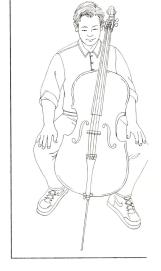
- 1. Pull the end pin out far enough to make the scroll of the cello at least as high as your chin when you are standing
- 2. Sit "tall" on the front edge of your chair with your knees bent and your left foot slightly forward. If you are sitting correctly, you can stand up quickly and easily.
- 3. While holding your cello straight up and down, and at arm's length, center the end pin in front of you.
- 4. Bring your cello toward you so the upper edge touches the center of your chest. The lowest peg should be touching your head behind your left ear.
- 5. The inside of both knees touch the sides of your cello. Do not grip the cello with your knees.
- 6. If your position is correct, you should be feel relaxed and balanced in your chair and to be able to move side to side easily.



#### **Pizzicato Position**

- 1. Place the tip of your right thumb on the side of the fingerboard (near the corner).
- 2. Extend your first finger over the fingerboard and pluck the string.
- 3. For the best sound, make the string vibrate as much as possible.





The Cello has four open strings. They are named from lowest to highest, left to right, and thick to thin. This sentence will help you remember which order they are in:

Cats Get Dogs Angry.

#### Let's Review how to hold the cello in playing position.

- 1. Sit tall.
- 2. Cello makes contact with the floor, knees, and chest
- 3. Check the end pin is out far enough so that the C-peg is behind your left ear
- 4. Give cello a hug to center it in your body
- 5. Left hand rests on left knee

#### 1. Rock House

DDDD DDDD DDDD DDDD

#### 2 Rock Hound

AAAA AAAA AAAA AAAA

#### 3. Rock Tango

DDAA DDAA AADD AADD

4. The Twist

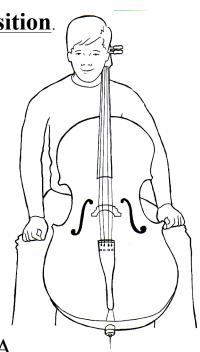
GGDD GGDD AADD GGGG

#### 5. Lazy Afternoon

GGDD AADD GGDD AAGG

#### 6. Skip to My Lou

DDDD AAAA DDDD AADD

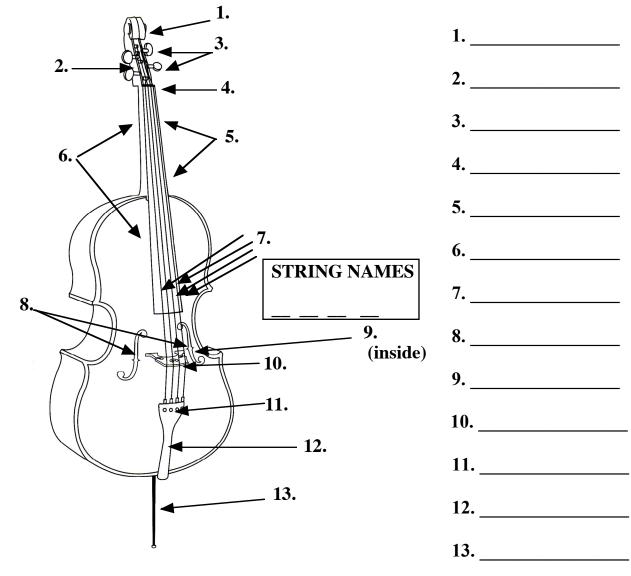


#### 7. Mary Had a Little Lamb

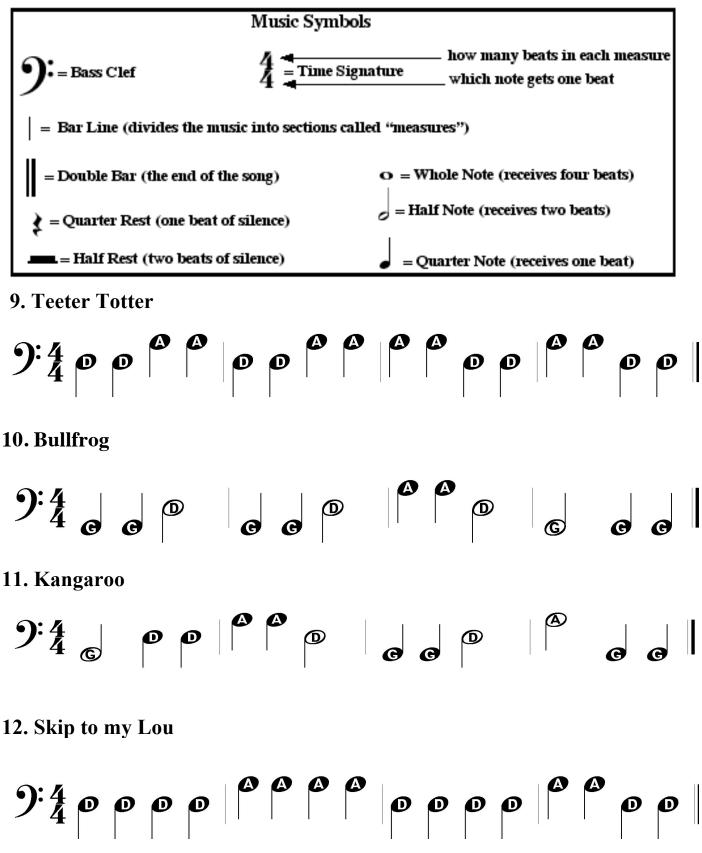
DDDD DDDD AAAA DDDD

DDDD DDDD AAAA D-D-

\*Pencil Fun- Do You Remember the Parts of the Cello?



Lesson Two: Reading Music (Open Strings)

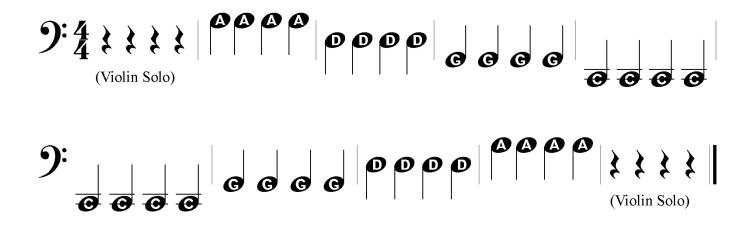


Lesson Three: More Open Strings

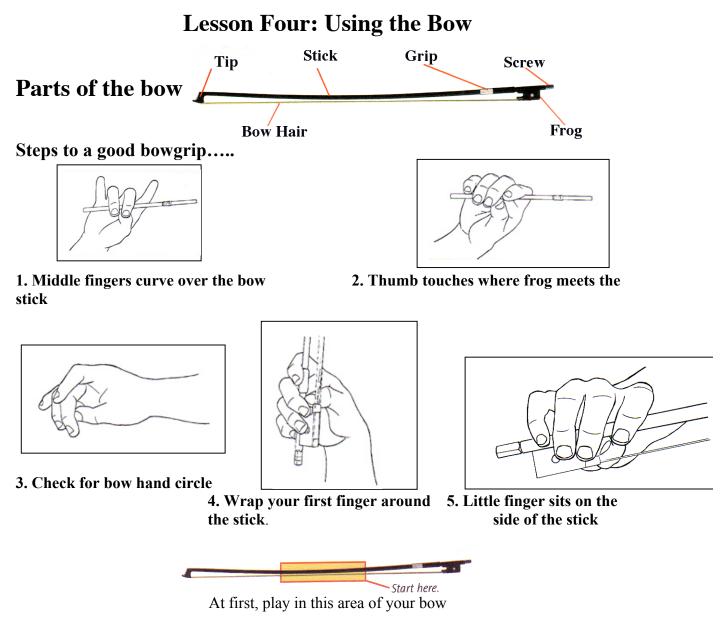


13. Mary Had a Little Lamb

14. Cycle of Strings



**15. Open String Blues** 

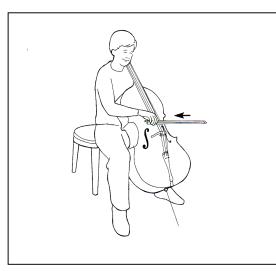


- a. Place your bow on the D string, halfway between the bridge and the fingerboard.
- b. Angle the bow so it is parallel with the bridge (your wrist should be bent upwards.)
- c. Pull the bow so it remains parallel to the bridge until you reach the tip. (You should need to bend your wrist the other way.)
- d. Move the bow and your wrist in the opposite direction.

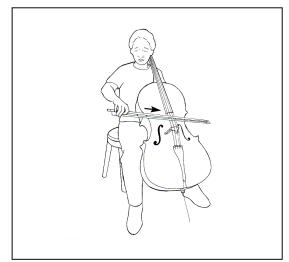




= Down bow (Pull Bow from frog to tip)

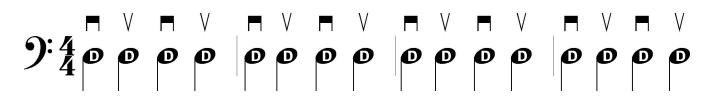




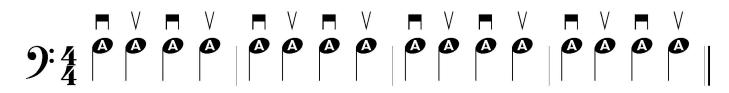


\*\*The bow alternates back and forth unless marking is placed. Orchestra bows should all move together in the same direction.

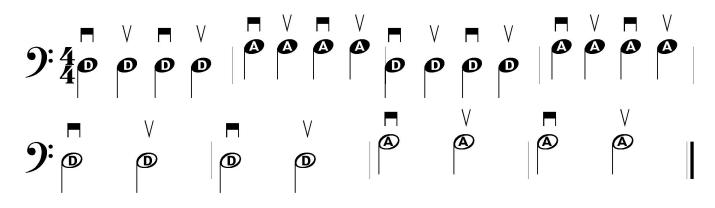
#### 16. Bowing on "D"



17. Bowing on "A" - Tilt the bow to the A String



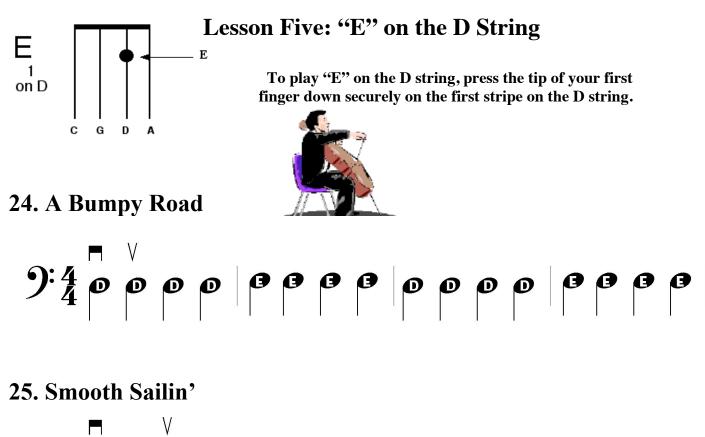
**18. Alternate "DNA" -** Tilt the bow from the D String to the A String Changing Strings: Your elbow is responsible for changing strings.



#### **Bowing on Open Strings Review**

19. "D" Smooth One

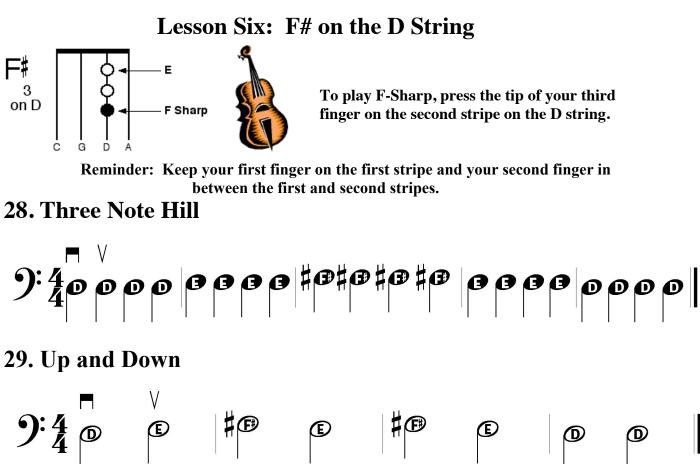
# 20. Smooth "A" 9:4 × × 21. D N A D Þ 22. Teeter Totter 23. Cycle of Strings Encore (Violin Solo)



9:4 0 0 E E 0 0 E 0

#### 26. Back and Forth

#### 27. Two Note Jive

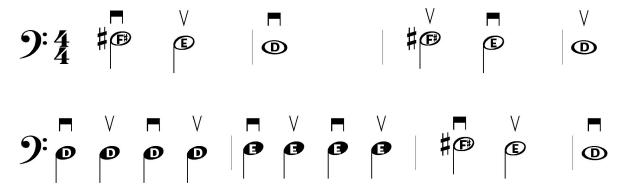


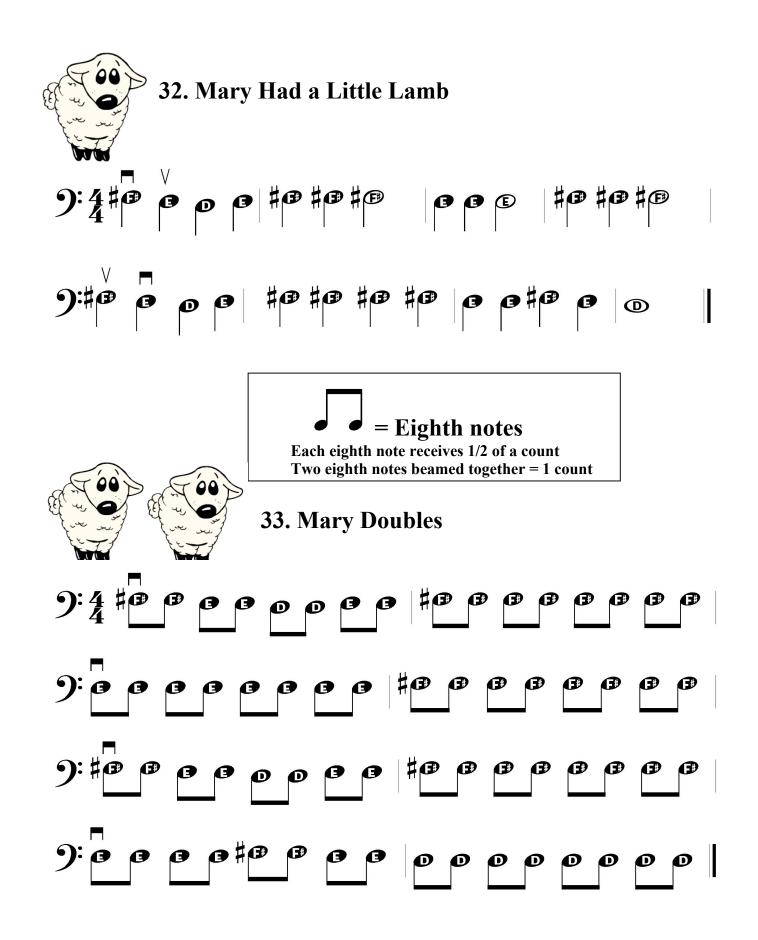


= half rest (2 beats of silence)

**30. Fast and Slow** 

**31. Hot Cross Buns** = whole note (receives 4 beats) Ο





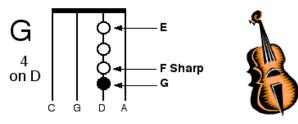
#### <sup>9</sup> = Bow Lift

(lift the bow off the string and reset it at the frog)

#### 34. Claire de Lune



#### Lesson 7: New Note "G"



To play G, press the tip of your fourth finger (pinkie finger) on the third stripe. Keep your first three fingers down on the first two stripes on the D String. KEEP ALL FINGERS DOWN

**37.** Going Up the D String



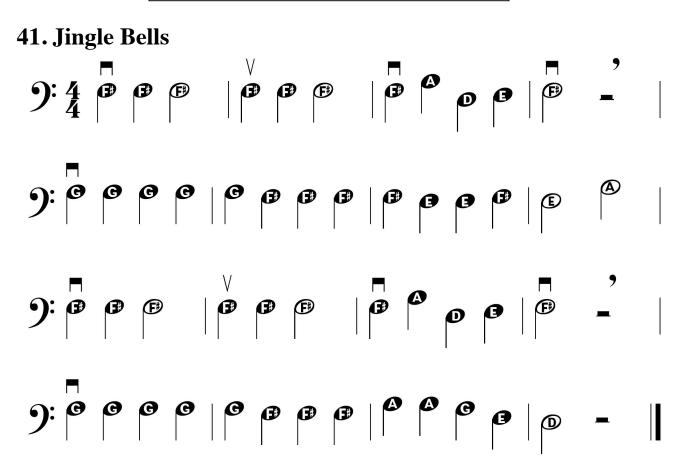
38. Going Down the D String

**39. Pizzicato March** 

40. Bile Them Cabbage Down || = repeat sign $9: \frac{2}{4}| = \frac{1}{6}| = \frac{1$ 

go back to beginning and play again

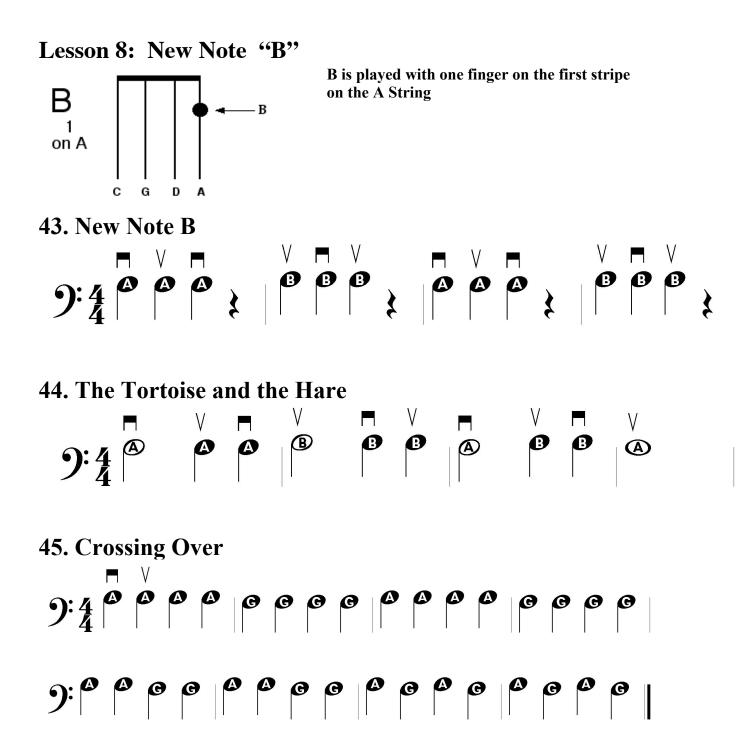




#### 42. Note Review

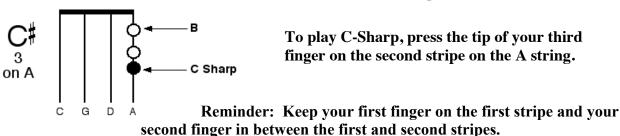
Match the note with the finger numbers

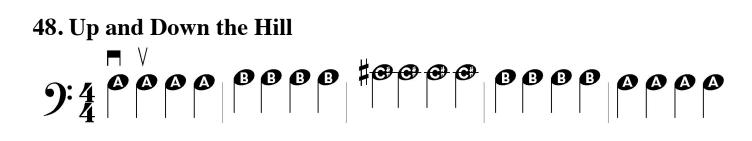
Ε	open D String
F#	4 on the D String
Α	1 on the D String
D	<b>Open A String</b>
G	3 on D String



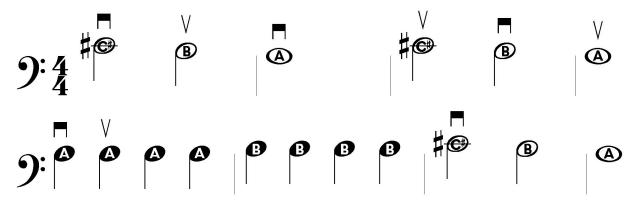
✓ 46. Twinkle Twinkle Little Star ✓ 47. Twinkle (Variation) 9: 00000 0 #00000 0 9: 00000 0 00000 0 00000 0 00000 0 9: 00000 000000 #00000 00000 9: 000000 #00000 0 000000

#### Lesson 9: C# on the A String



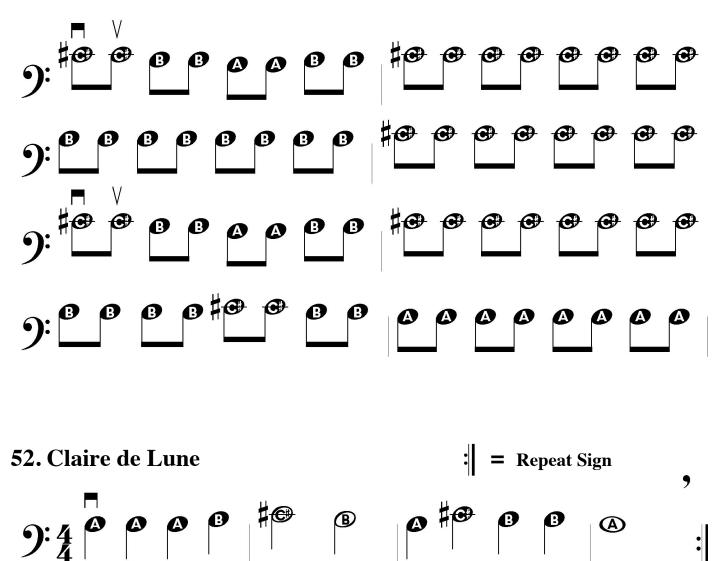


49. Hot Cross Buns on the A String



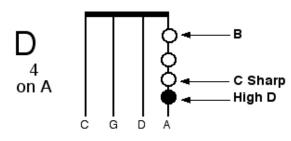
✓ 50. Mary Had a Little Lamb on the A String 9:  $4^{4}$   $\overset{\#}{\overset{\oplus}}$   $\overset{@}{\overset{@}}$   $\overset{@}{\overset{@}}{\overset{@}}$   $\overset{@}{\overset{@}}$   $\overset{@}{\overset{&}}$   $\overset{@}{\overset{&}}$   $\overset{@}{\overset{&}}$   $\overset{@}{\overset{&}}$   $\overset{@}{\overset{&}}$   $\overset{@}{\overset{&}}$   $\overset{@}{\overset{&}}$   $\overset{&}{\overset{&}}$   $\overset{@}{\overset{&}}$   $\overset{@}{\overset{&}}$   $\overset{&}{\overset{&}}$   $\overset{&}$ 

✓ 51. Mary Double on the A String



Go back to the beginning and play again

#### Lesson 10: High D on the A String



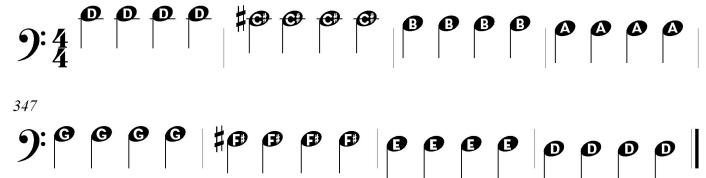
To play High D, press the tip of your fourth finger (pinkie) on the third stripe on the A string.

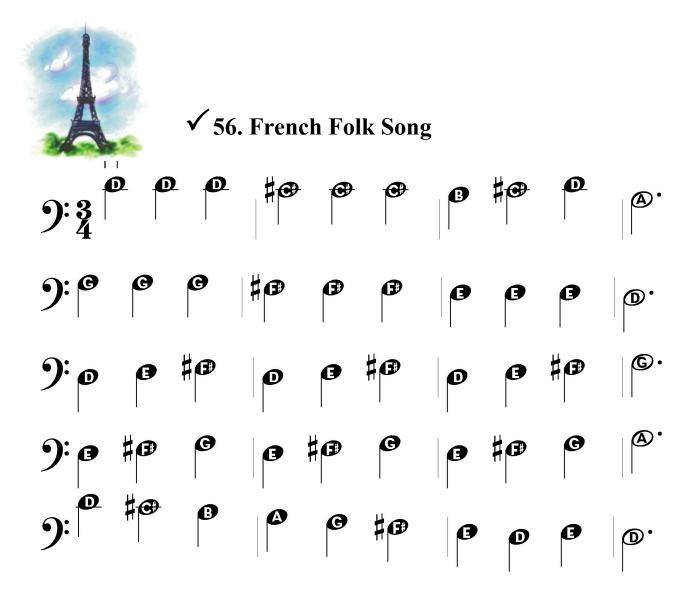
**Reminder: Keep your first three fingers down** on the first two stripes.

#### 53. Up the A string

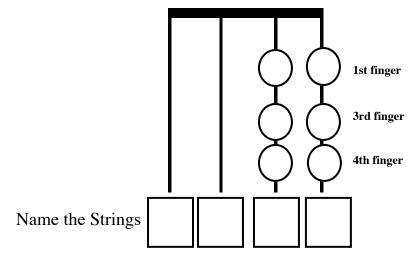
#### 54. Climbing the D Scale

### 55. Descending



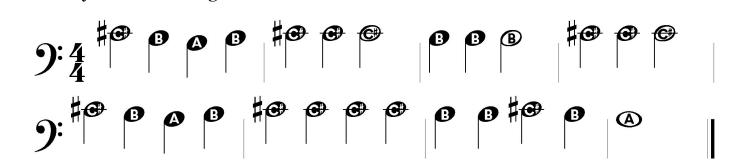


57. Note Review- Write the note names for all the notes you have learned so far



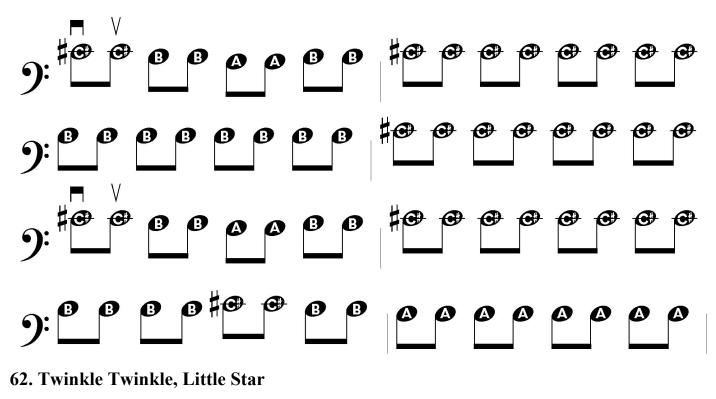


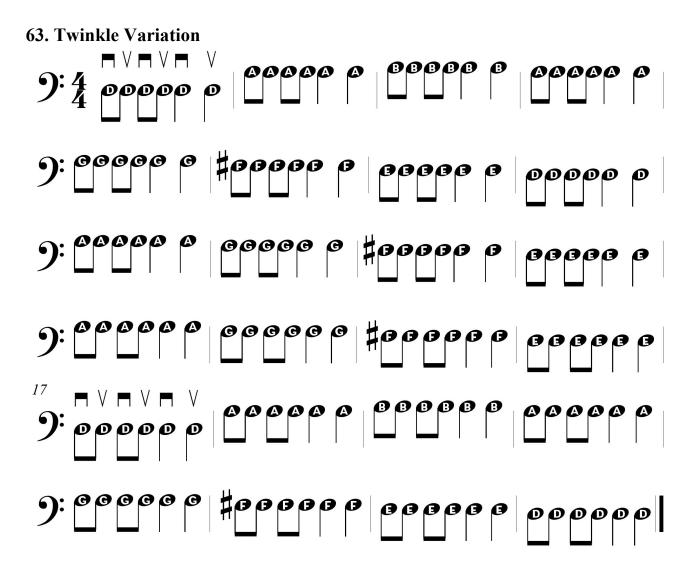
#### Honor 4<sup>th</sup> Grade String Songs



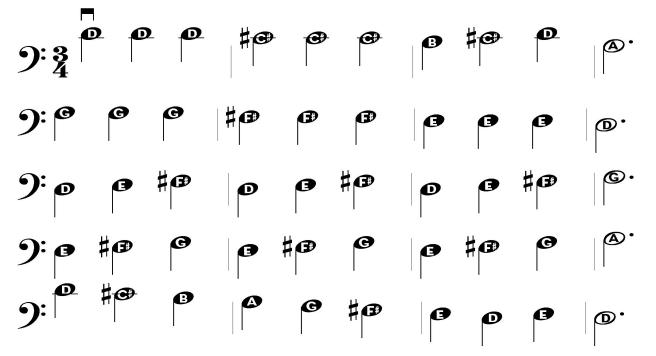
61. Mary Doubles- (1<sup>st</sup> Variation)

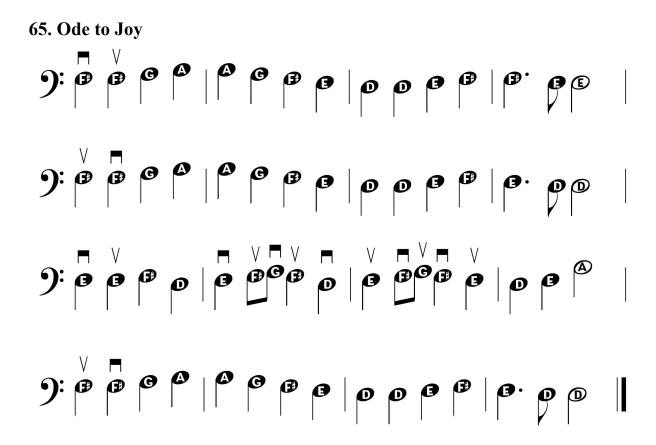
60. Mary on the A String

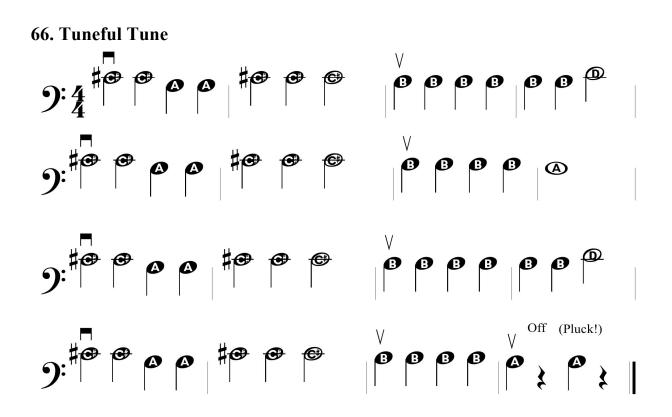




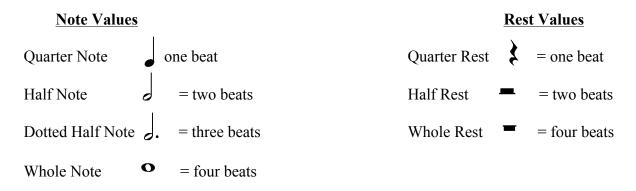
#### 64. French Folk Song







#### **Some Basic Rhythmic Fundamentals**



#### **67. Quiz**

1. A	ο	receives	_beats.
2. A	-	receives	_beats.
3. A	•	receives	_beats.
4. A	\$	receives	_beats.
5. A	0	receives	_ beats.
6. A	<b>—</b>	receives	_ beats.
7. A	d.	receives	beats.

Directions: Match each note to the number of beats it gets



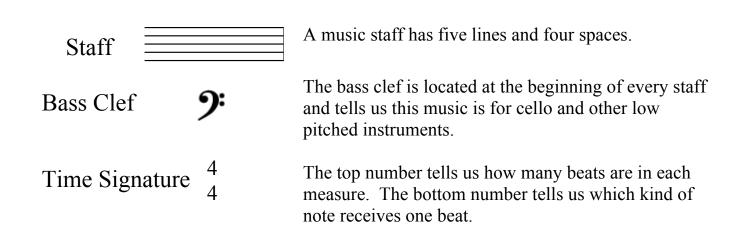
#### String Instrument Word Search

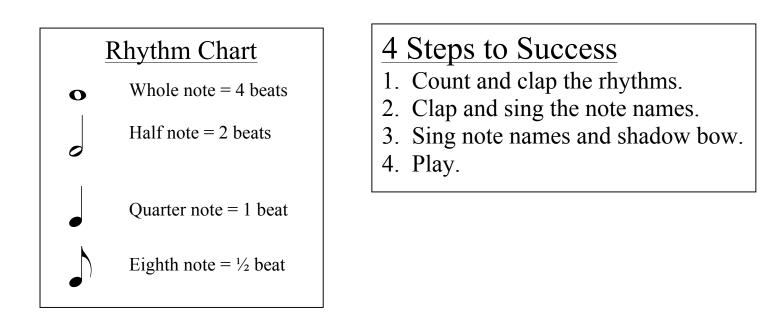
Ν	1	F	R	F	Е	L	С	Е	L	В	Е	R	Т	А	L	0	1	۷	D	D	S	W	S	S
F	Ν	К	А	Y	F	R	F	۷	Х	D	Y	D	0	L	Е	М	Q	Т	А	G	Х	Q	Н	Е
Т	н	F	в	В	С	G	С	L	Ρ	Т	Ζ	Ζ	1	С	А	т	0	Ρ	Е	S	R	Т	А	L
н	Q	Q	Е	R	н	Y	т	н	М	Е	К	Е	Y	F	F	0	R	Ρ	Е	Е	Ρ	1	R	0
F	т	J	LG	E	E	0	W	С	U	F	15	С	В	1	L	Е	G	Т	Х	С	В	М	Ρ	н
Х	S	Ν	В	R	С	T	Е	М	Ρ	0	Ν	Y	Ν	L	D	Ν	0	S	С	Е	0	Е	Y	D
Ρ	Е	Е	U	Е	1	S	0	В	R	Т	D	G	Е	L	1	Ν	V	R	Т	T	W	S	Q	Ν
1	R	Т	0	Ρ	В	Е	S	N	T	В	E	С	U	Ν	1	D	0	Е	Т	Ρ	L	1	Е	U
R	F	0	D	Е	U	0	V	Α	R	R	K	0	U	K	L	0	W	N	S	L	1	G	Ν	0
G	L	Ν	D	А	S	Ν	W	F	в	Е	Н	Т	R	Y	0	W	н	U	Е	Т	F	Ν	T	S
W	А	Е	0	т	А	Q	1	0	Н	S	J.	G	J	G	R	Ν	0	Т	R	А	Т	А	L	U
0	н	L	W	S	М	Е	А	S	U	R	Е	R	Y	Н	С	в	L	Е	Ν	Т	Q	Т	R	Ν
В	V	0	Ν	1	0	R	Е	Т	0	Ν	F	L	А	Н	S	0	Е	Ν	1	Y	М	U	А	Ρ
А	D	н	В	G	D	А	R	С	0	R	۷	G	С	U	В	W	R	I.	Н	W	Κ	R	В	S
М	Ν	W	Α	N	۷	Т	0	L	1	Ν	F	R	0	G	Q	Q	Е	F	С	Е	۷	Е	U	Е
Т	S	Е	R	R	Е	Т	R	A	U	Q	U	Ρ	В	0	W	P	S	U	N	D	К	С	Е	Ν
F	Е	L	С	0	Т	L	A	R	D	G	J	Ν	Е	J	Ν	0	Т	Т	U	В	D	Ν	Е	К

alto clef bow lift down bow half rest quarter note sharp treble clef whole rest arco bridge end button measure quarter rest shoulder pad tuning pegs

barline cello fine tuners melody repeat sign sound holes up bow bass clef chin rest fingerboard neck rhythm tailpiece viola bow double bar frog notes rosin tempo violin bow grip down bar half note pizzicato scroll time signature whole note

### **Reading Music**



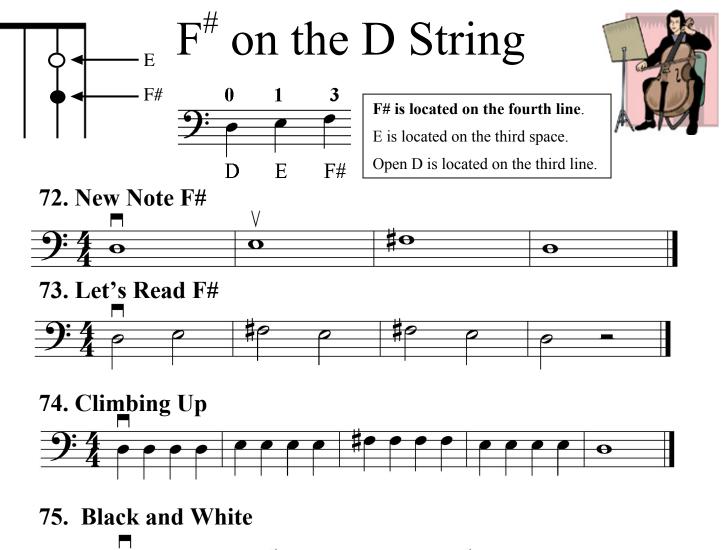


Note Name and Fingering Reference Chart

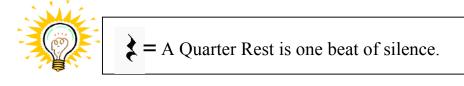












76. Resting  $\forall$   $76. Resting <math>\forall$   $76. Resting \forall$   $76. Resting \forall$   $76. Resting \forall$ 76. Resting

#### 77. Walking Song





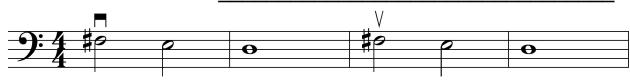
# More F<sup>#</sup> Tunes

82. Write the note names on the lines below





83. Name That Tune \_\_\_\_\_

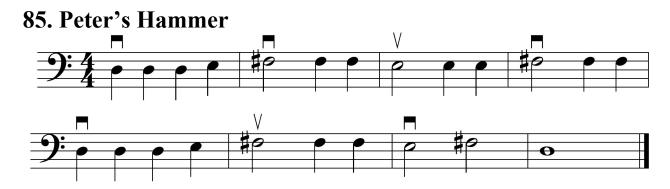


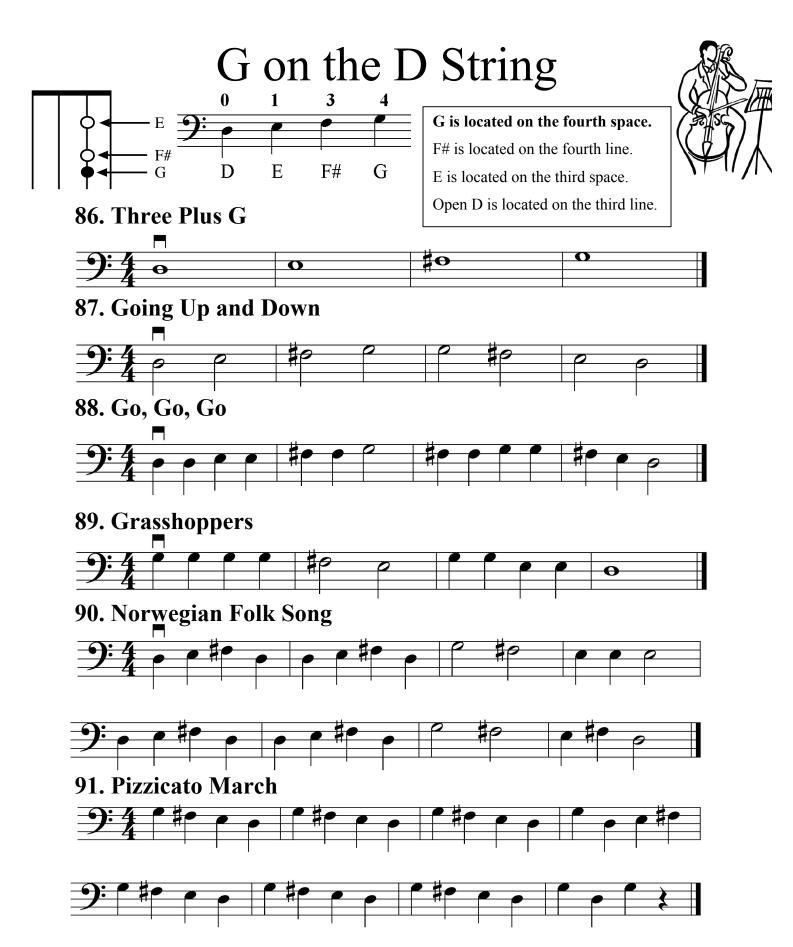


84. Name That Tune \_\_\_\_\_







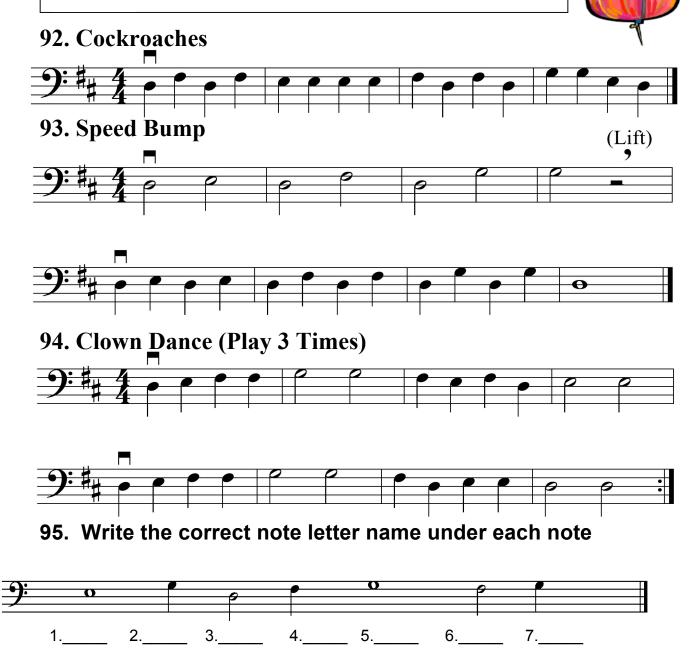


## G Tunes

#### **KEY SIGNATURE**

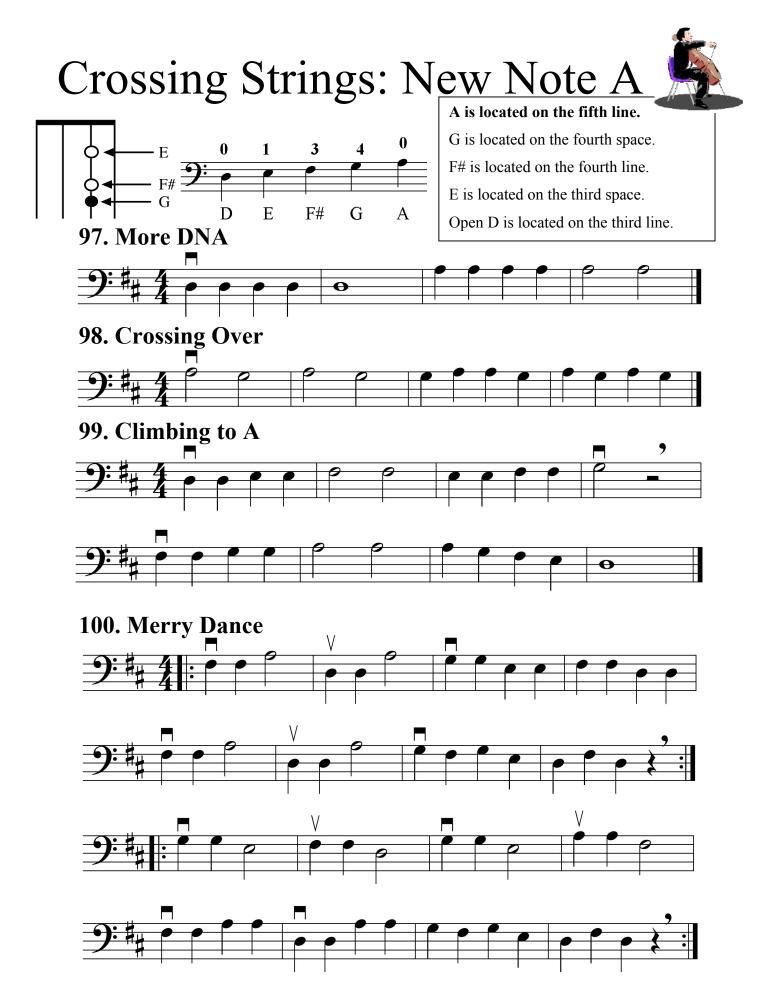


In this *key signature* you will play all F's as  $F^{#}$ 's and all C's as  $C^{#}$ 's. The *key signature* is always located at the beginning of each line. You will notice that there are no longer any sharps located in the songs.



96. Draw four E quarter notes 2. Draw four F<sup>#</sup> quarter notes 3. Draw two G half notes

















102. Skipping Around

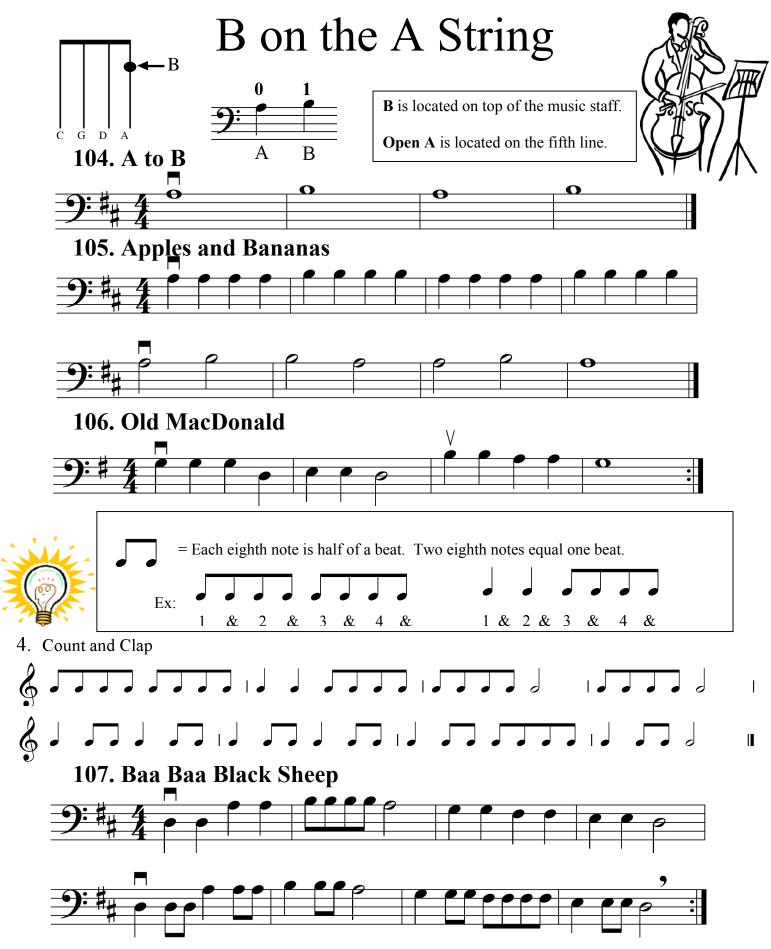


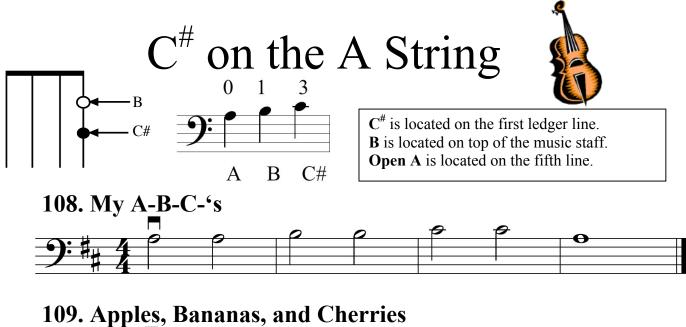






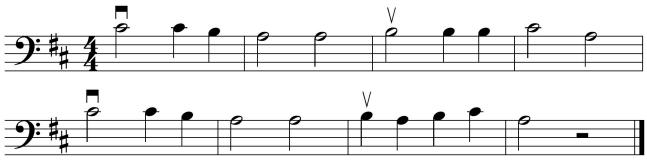






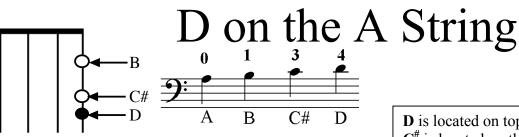


111. Go Tell Aunt Rhodie











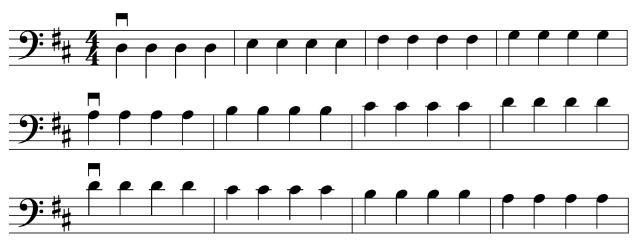
D is located on top of the first ledger line.
C<sup>#</sup> is located on the first ledger line.
B is located on top of the music staff.
Open A is located on the fifth line.







### 116. D Major Scale and Arpeggio







# D Tunes



A Repeat Sign tells you to repeat the music.



### 117. School March

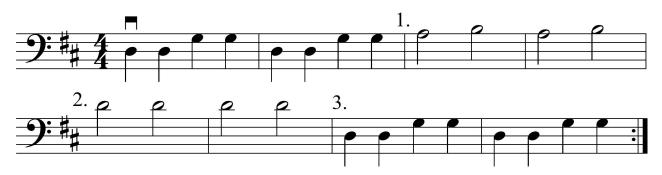




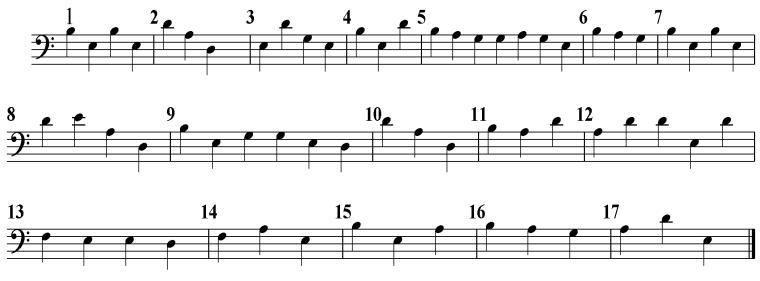




119. Scotland's Burning



# Complete the Story



Each group of notes spells a word. Use the words to fill in the blanks in the following story. The number "1" group spells the word for the number "2" group spells the word for the number "2" blank, and so on.

\_\_\_\_\_\_(1) and her mom and \_\_\_\_\_\_(2) were moving into a new home at the \_\_\_\_\_\_\_(3) of town. It was their last night in the old house. Everything was moved out except a \_\_\_\_\_\_\_(4), some \_\_\_\_\_\_\_(5), and a sleeping \_\_\_\_\_\_(6). \_\_\_\_\_\_(7) said, "It sure is \_\_\_\_\_\_\_(8) around here." She\_\_\_\_\_\_(9) to have a party that last night, but \_\_\_\_\_\_\_(10) said it was a \_\_\_\_\_\_\_(11) time to have friends over, and, too it was late. Mom \_\_\_\_\_\_\_(12) that there was no way she could \_\_\_\_\_\_\_(13) anyone, so a party was out. Just then the door flew open. There were Ruthie, \_\_\_\_\_\_\_(14) and \_\_\_\_\_\_\_(15) standing in the doorway, yelling "Surprise!" Each carried a \_\_\_\_\_\_\_(16) filled with goodies. They also brought paper plates and cups. There was even a jug of lemon \_\_\_\_\_\_\_(17). What started out as a dull evening turned out to be a fun time for all.

## **Glossary of Terms**

Accidentals (#, \, b): sharp, natural, and flat symbols for altering pitch.

Arco: to play using the bow.

**Arpeggio:** notes of a chord played separately.

Beat: the pulse of the music.

**Bow lanes:** point of contact of the bow, near the bridge or near the fingerboard.

**Bow lift:** lift the bow from the string and return to the frog in a circular motion.

**Clef sign:** located at the beginning of each line of music, the clef sign defines the letter names for the lines and spaces on the staff for your instrument.

**Col legno:** or more precisely col legno battuto (<u>Italian</u> for "hit with the wood"), is an instruction to strike the string with the stick of the bow.

Down bow: moving bow toward tip; pull.

Duet: music in two parts.

**Fermata:** symbol indicating to hold a note longer.

**Key signature:** identifies notes that are raised or lowered.

**Ledger lines:** extend the staff with small lines written above or below.

Legato: play with smooth bow strokes.

Measure: the space between barlines.

**Octave:** a pitch that is eight notes higher or lower and both pitches have the same letter name.

**Pizzicato** (*pizz.*): pluck the string with the index finger of the right hand.

**Repeat sign:** go back and play a section of music again.

**Scale:** a set of eight notes in ascending or descending order that begins and ends on the same letter.

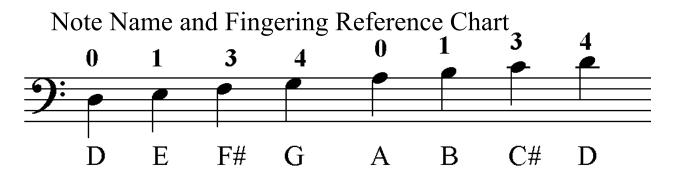
**Spiccato:** bowing technique for string instruments in which the bow bounces lightly upon the string.

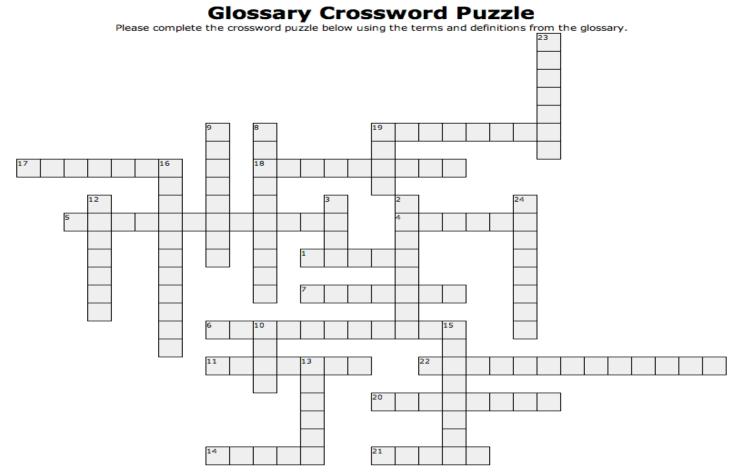
**Staccato**: stopped bow stroke. **Staff:** 5 lines and 4 spaces, used for writing music.

**Time signature:** indicates how many beats are in a measure (top number) and what kind of note gets one beat (bottom number).

**Tremolo:** shake the bow back and forth rapidly as if trembling.

Up bow: moving bow toward frog; push.





#### Across:

1.5 lines and 4 spaces, used for writing music

4. play with smooth bow strokes

5. identifies notes that are raised or lowered (2 words)

6. extend the staff with small lines written above or below (2 words)

If the bow from the string and return to the frog in a circular motion (2 words)

11. shake the bow back and forth rapidly as if trembling

14. a set of eight notes in ascending or descending order that begins and ends on the same letter

17. symbol indicating to hold a note longer

18. pluck the string with the index finger of the right hand

19. notes of a chord played separately

20. stopped bow stroke

21. moving the bow toward frog; push (2 words)

22. indicates how many beats are in a measure (top number) an what kind of

note receives one beat (bottom number) (2 words)

#### Down:

2. located at the beginning of each line of music, this symbol defines the letter names for the lines and spaces on the staff for your instrument (2 words)

3. the pulse of the music

8. go back and play a section of music again (2 words)

9. points of contact of the bow, near the bridge or near the fingerboard (2

words)

music in two parts
 the space between barlines

13. a pitch that is eight notes higher or lower and both pitches have the same letter name

15. bowing technique for string instruments in which the bow bounces lightly upon the string.

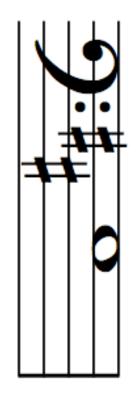
16. sharp, natural, and flat symbols for altering pitch

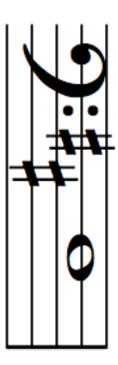
19. to play using the bow

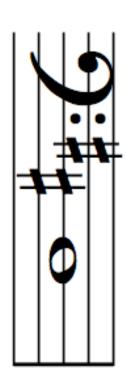
23. moving bow toward tip; pull (2 words)

24. an instruction to strike the string with the stick of the bow (2 words)

Cut out and use to practice your note names. Flashcards for the D String Notes

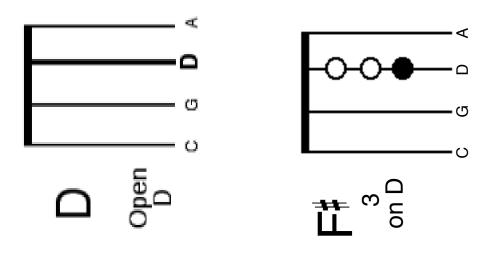


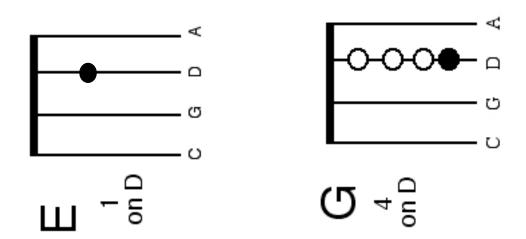






I





Cut out and use to practice your note names. Flashcards for the A String Notes

